

HARROGATE DISTRICT SWIMMING CLUB
(Affiliated to ASA North Eastern Region.)

28th OPEN AGE GROUP MEET
(under ASA Laws and ASA Technical Rules)

DATE: **SATURDAY & SUNDAY 30th/31st JANUARY 2010**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

THIS MEET IS LICENSED BY THE A.S.A. (2NE0068) AND IS FOR SWIMMERS INTENDING TO ACHIEVE NATIONAL AND REGIONAL QUALIFYING TIMES. SWIMMERS MUST HAVE ACHIEVED THE CONSIDERATION TIME FOR EACH EVENT

THE MEET: 9 – 15 & over - 50 & 200 metres all strokes
Girls 11 - 15 & over; Boys 12 – 15 & over – 100 metres all strokes
Girls/Boys 9 – 15 & over 200 metres Individual Medley
All events are Heat Declared Winner.

Ages at 31st January 2010

AWARDS: Rewards as follows:
9 & 10 years; Top 8 swimmers.
11, 12, 13, 14, 15 & over. Top 3 swimmers only.
Top Boy/Girl award in each Age Group, based on Category Scoring.

ENTRIES: Cost £4.50 per event and accepted subject to HDSC Meet Terms & Conditions.
Coaches passes to include meals, programme, result sheets and entry onto the poolside £15.
Entries may be restricted dependant on the total entries received.

Clubs submitting entries for more than 5 swimmers must do so electronically. An entry file set will be despatched on application to entry-file@swimharrogate.org

Details from:- Barry J Saunders,
42 Greenfields Road,
HARROGATE, HG2 7BH.
Telephone:- 01423 885326
Email:- compsec@swimharrogate.org

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS SHORTLY AFTER THE CLOSING DATE.)

CLOSING DATE: 3rd JANUARY 2010

Entry forms available from our website www.swimharrogate.org
or from the address above.